

PRE - MONSOON MEGHALAYA

2025 | 1 - 7 May



Introduction

Imagine stepping into a semi-tropical forest, the air buzzing with life. You find yourself traversing an enchanted bridge, suspended over a waterfall that gushes thunderously below, sending cool mist into the air. This immersive haven invites you to breathe deeply, to reconnect with nature as you explore the breathtaking wonders of Meghalaya—a land that feels both adventurous and serene.

Meghalaya, with its rolling hills and cloud-kissed peaks, is your sanctuary for rejuvenation and relaxation. Though it has seen a surge of visitors in recent years, the state still whispers promises of hidden gems that evade the social media spotlight. With roots in Shillong, I recall the thrill of searching for the season's first ground orchids and the invigorating experience of swimming beneath a cool waterfall for the very first time. These personal memories form the backdrop to a journey filled with offbeat explorations and vibrant outdoor experiences.

Each day of your adventure is carefully curated to immerse you in the lap of nature. Interact with welcoming locals who will guide you to undiscovered aspects of the state. Wander through enchanting patches of semi-Alpine and tropical forests, savor delicious meals from humble jadoh shops and trendy cafes. Experience the magic of living root bridges, marvels of nature engineered by the Khasi people, and uncover ancient geological secrets while caving in Cherrapunjee.

Be mindful of the weather—anticipate both gentle drizzles and heavy downpours—and prepare to embrace the elements. Waterproof ponchos will keep you dry, while sturdy trekking shoes will allow you to navigate the rugged beauty of Meghalaya, a land blessed with over 50 mesmerizing waterfalls, where clouds dance just within arm's reach.

Each evening, retreat to comfortable accommodations, where modern amenities await to soothe your adventurer's spirit.

Image link: https://drive.google.com/drive/folders/1h7GZGDSi1CQrz_ST4aWBjb-Ry7BnfPCq?lfhs=2

Highlights



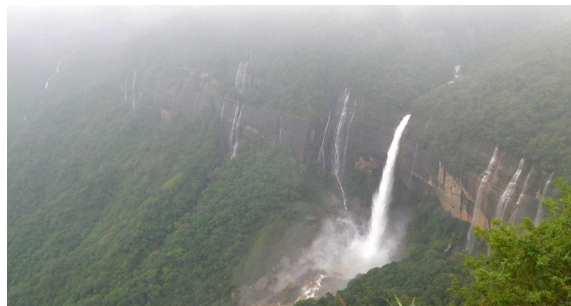
Musical performance



Scenic views throughout



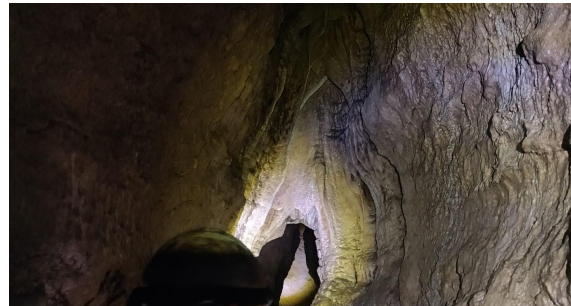
Living Root Bridge Trek



Beautiful Waterfalls



A Khasi Sacred Grove



Explore ancient cave system

Journey at a Glance

DATE	DESTINATION	HOTEL	DISTANCE / DRIVE DURATION	NO. OF NIGHTS	MEALS
1 May, Thursday	Guwahati Airport	Umiam	2 hrs 30 mins	1	-
2 May, Friday	Umiam	Cherrapunjee	2 hrs 45 mins - 3 hrs	2	B,L
3 May, Saturday	Cherrapunjee	Local Activities			B, L
4 May, Sunday	Cherrapunjee	Mawkyrnot - Mawlynnong - Pynursla	2 hrs to Mawkyrnot 1 hr 20 mins to Mawlynnong 45 mins to Pynursla	1	B, L
5 May, Monday	Pynursla	Mawphlang Sacred Forest - Shillong	1 hour 45 mins to Mawphlang 1 hr 20 mins to Shillong	2	B,L
6 May, Tuesday	Shillong	Local Activities			B, D
7 May, Wednesday	Shillong	Guwahati Airport	3 hrs 30 mins		B

Itinerary

Day 1

1 May, Thursday

Welcome to Meghalaya!

Guwahati airport - Transfer to Umiam

We'd recommend arriving at Guwahati Airport via a morning flight. Our pick-up window at the airport is from 10.30 AM. In case you do not have an option of a morning flight, please plan to arrive a day earlier. We will suggest hotels and could even help you book one.

Have lunch at Mei-Ramew cafe, in the village of Khweng. A lovely food experience to begin the trip, that also promotes local cuisines and helps rural women earn their livelihood. Pay direct

<https://nesfas.in/indigenous-slow-cafes-slow-cafes/>

Those arriving after 10.30 am we suggest to come in a day early and stay at Guwahati. We will suggest stay at your preferred budget. The vehicle will pick up from the hotel on the start day of the trip. Or we will arrange your pick up separately as per your scheduled arrival. Pay direct

On the way a brief stop to refresh. On arrival at your hotel, check in and relax. Great spot for short walks either this evening or early next day.

Evening the guide will brief you on the itinerary.
Overnight stay at Umiam.



22	23	24	25	26	17	18
28	29	30	31		24	25
BENG NOVEMBER		BONGRAH (DECEMBER)				
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

Itinerary

Day 2

2 May, Friday

Umiam – Cherrapunjee

Early risers can enjoy a walk by the Umiam lake in the morning.

After breakfast check out by 9am and drive to Cherrapunjee. ,Drive duration is about 2 hours 45 mins. Visit the **Arwah Caves**. This is an accessible cave system for exploring limestone formations and fossils. The discovery of the cave system meant scientists recognised the ‘MEGHALAYAN AGE’ as a geological age. We will provide a waterproof poncho and trekking stick for your use.

A Khasi style lunch will be arranged at a local restaurant.

Later drive towards **Mawkma**, home to pristine water bodies (water pools and waterfalls) in the area. We will provide few life jackets which you can use in turns. But please note swimming will be permitted only if the waterfalls are not in full flow.

Check in to the property and relax.
Overnight stay at Cherrapunjee



Waterfalls in Mawkma

Itinerary

Day 3

3 May, Saturday

Cherrapunjee

After breakfast start for the day by 8.30 am.

Visit a village near the Sohra. The duration is about an hour 20 mins.

From the parking area you will have to hike to the Laitiam village which is about 30 mins. Walk through the village which also include a sacred grove and a tiny living root bridge. A Khasi style lunch will be arranged at a resort by the river.

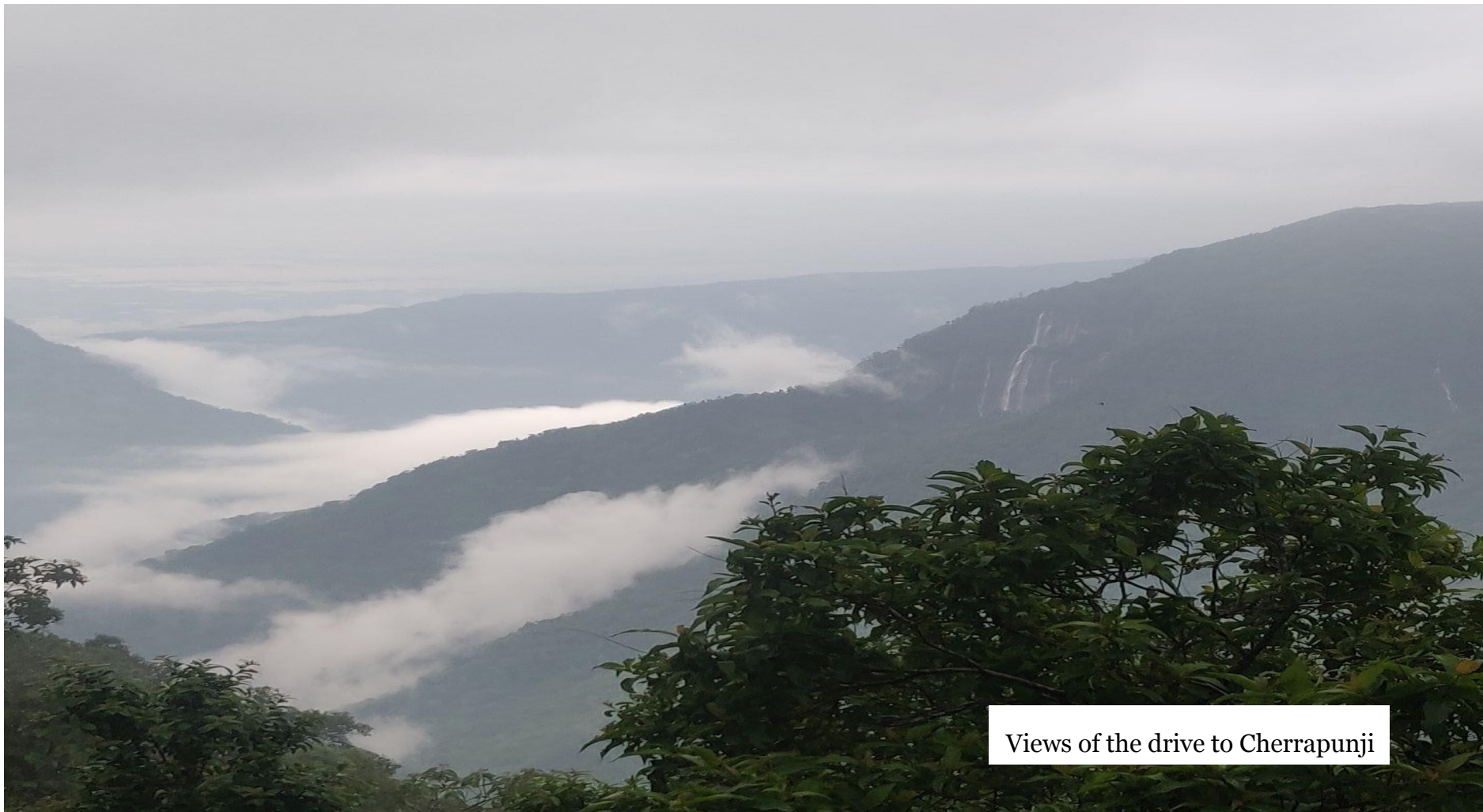
Afterwards return to Cherrapunjee and head to the Welsh settlement. Learn how the first missionaries to the region lived and what their influences on the Khasi people has been.

For both options - ***Good walking shoes are a must, carry a waterproof jacket too and a light change, water bottle and an extra set of clothes in a backpack.***

Before sunset visit **Nohkalikai Falls**. At 335 meters it is the highest plunge waterfall in India and the 4th highest in the World.

Evening we will organise for a local Khasi band to come and perform live. A trip to Meghalaya won't be complete without a live music session for you to tap your feet along.

Overnight stay at Cherrapunjee



Views of the drive to Cherrapunji

Itinerary

Day 4

4 May, Sunday

Cherrapunjee – Mawkyrnot – Mawlynnong - Pynursla

After breakfast check out and set off by 9.am and drive to Mawkyrnot. Drive duration is about 2 hrs.

Here we will meet the local guide and hike through beautiful forest to the world's longest living root bridge. Apart from the locals who use them, the bridge here sees very few tourist footfall. Surrounded by tropical jungle it is a sight to behold. The duration of the trek to and fro will be about 2 hrs. It is between a moderate and difficult trek so we will decide the distance we cover based on everyone's comfort level.

Later drive to Mawlynnong and have lunch at a local restaurant.

After lunch stroll through the village which is known as the cleanest village in Asia.

Evening drive to Pynursla and check in to the property.

Overnight stay at Pynursla.



Mawkyrnot
Living Root Bridge

Itinerary

Day 5

5 May, Monday

Pynursla - Mawphlang – Shillong

After breakfast check out by 9.30 am and drive to Mawphlang where the local Khasi community believe the forest is sacred and belongs to a local deity. Drive duration is about 2 hour 30 mins.

Spend about an hour and a half exploring the forest that is so enchanting with a rich variety of exotic flora. Your local guide will explain the significance of the forest to you. Please note that absolutely nothing can be taken out of the forest as per the Khasi belief system, and we request you to abide by this sentiment.

A simple lunch will be organized at a small jadoh shop here run by local women from Mawphlang village. simple yet delicious is how our guests have described the meal.

Reach Shillong, check in and free day to explore the city, market and cafes. Those interested can visit Bara Bazaar along with your guide. It is one of the oldest and biggest open markets in the region which attracts local farmers and cottage industry enterprises to sell their wares.

Evening at leisure.



Mawphlang Sacred Forest

Itinerary

Day 6

6 May, Tuesday

Shillong

After breakfast a guided introductory walk of Shillong city (partial walk) which includes State Library, the Shillong Cathedral, Wards Lake, and Botanical Garden. The cars will pick you up from here and visit to the Don Bosco Museum which focuses on local indigenous tribal cultures of the region and an interesting display of artefacts.

Have lunch at a cafe or restaurant near Golf link. We recommend WHO or You N I Cafe. Pay direct.

Around 3 pm reach Polo ground area to experience the antiquated traditional game of teer, where people bet, predict the number of arrows hitting the target. Your guide will confirm with you on the Teer time as it keeps changing a bit. This is hugely popular among the local community and you will be able to place your own bets too. In Fact this game is so popular that there are dream interpreters who predict numbers!!

Dinner will be organised in the evening to introduce you to the Khasi cuisine with a contemporary style.

Back to the property for the night's stay.



Land of clouds

Itinerary

Day 7

7 May, Wednesday

Shillong - Guwahati Airport

After breakfast check out and transfer by road to Guwahati Airport for onward travel. We recommend booking evening flights out of Guwahati.

Accomodation

DESTINATION	HOTEL LINK	ROOM CATEGORY
Shillong	The Shillong Address https://www.theshillongaddress.com/	Deluxe /Executive
Pynursla	Ka Bri War https://kabriwarresort.com/	Deluxe
Cherrapunji	Jiva Resort https://jivaresortcherrapunjee.com/	Executive/Superior (no twin available)
Umiam Lake	Ri Shat Sngi Orchid Resort https://www.rishatsngiorchidresorts.com/ OR Roinam Retreat https://tinyurl.com/33kh7p75	Deluxe/Executive room

Inclusion:

- All accommodation in double occupancy
- All transfers by Innova (3-4 guest per car)
- Meals as mentioned at the Journey at a glance
- All sightseeing, activities and local guide as mentioned in the itinerary
- Accompanied tour guide
- A car care with light snacks, takeaway reusable water bottles and an equipment kit with waterproof poncho, head torch and trekking sticks. *Loss or damage of the equipment kit will be chargeable.*

Exclusions:

- Airfares
- Personal shopping expenses
- Visa charges
- Travel and medical insurance
- Expenses of personal nature including mini bar, laundry, telephone bills
- Tips and gratuities
- Expenses arising from unforeseen circumstances
- Any other activity not mentioned in the itinerary



‘Curtain Call Adventures planned an experience in Meghalaya for us as if they’ve known us for years! We were looking for things that we love- food, adventure, nature, handloom, peace, seclusion.... They planned it all! We visited waterfalls with not a soul in sight; looked onto skies where God hand painted the horizon; walked till the root bridges with a guide who enthralled us with stories of the forest; had curated meals in local homes to celebrated dining experiences. and we did it all at a pace that was easy- so every sense was nourished. Personal care, attention to detail, and a keen ear to understand what the traveller wants- all was fulfilled. One of our best travel memories.’ **Manoshi**



Booking and Cancellation Policy

We require 40% of the total to confirm your participation at the time of booking. Remaining amount to be paid 20 days before the trip starts. Please note a cancellation charge of 25% will be applicable after 2 working days. Non-payment will mean that you are not participating.

Clients must be insured to cover the costs of medical emergencies/ expenses incurred due to weather conditions, prevailing road conditions, political situations, natural calamities, change in flight schedule, mechanical malfunction, or any such unanticipated events or acts of God. Changes to the itinerary might be required and will be done by the organisers to improve your experience.

CANCELLATION BY THE TRAVELER

In order to cancel your participation on the trip, you must provide written notification of your cancellation by email. The date of your cancellation is the date on which we receive such notification. If you cancel your participation in the trip, the cancellation fees listed below will apply:

60 or more days prior to the group arrival date, a fee of 20% of the trip cost will apply

59 to 30 days prior to the group arrival date, a fee of 40% of the trip cost will apply.

29 to 11 days prior to the group arrival date, a fee of 60% of the trip cost will apply.

10 days or fewer days prior to the group arrival date, a fee of 100% of the trip cost will apply.

If you leave a trip for any reason after it has commenced or miss any features thereon, no refunds for unused services will be made.

CANCELLATION BY THE ORGANIZER

If the trip has to be cancelled due to unforeseen reasons we will refund partially and provide credit note for the rest.

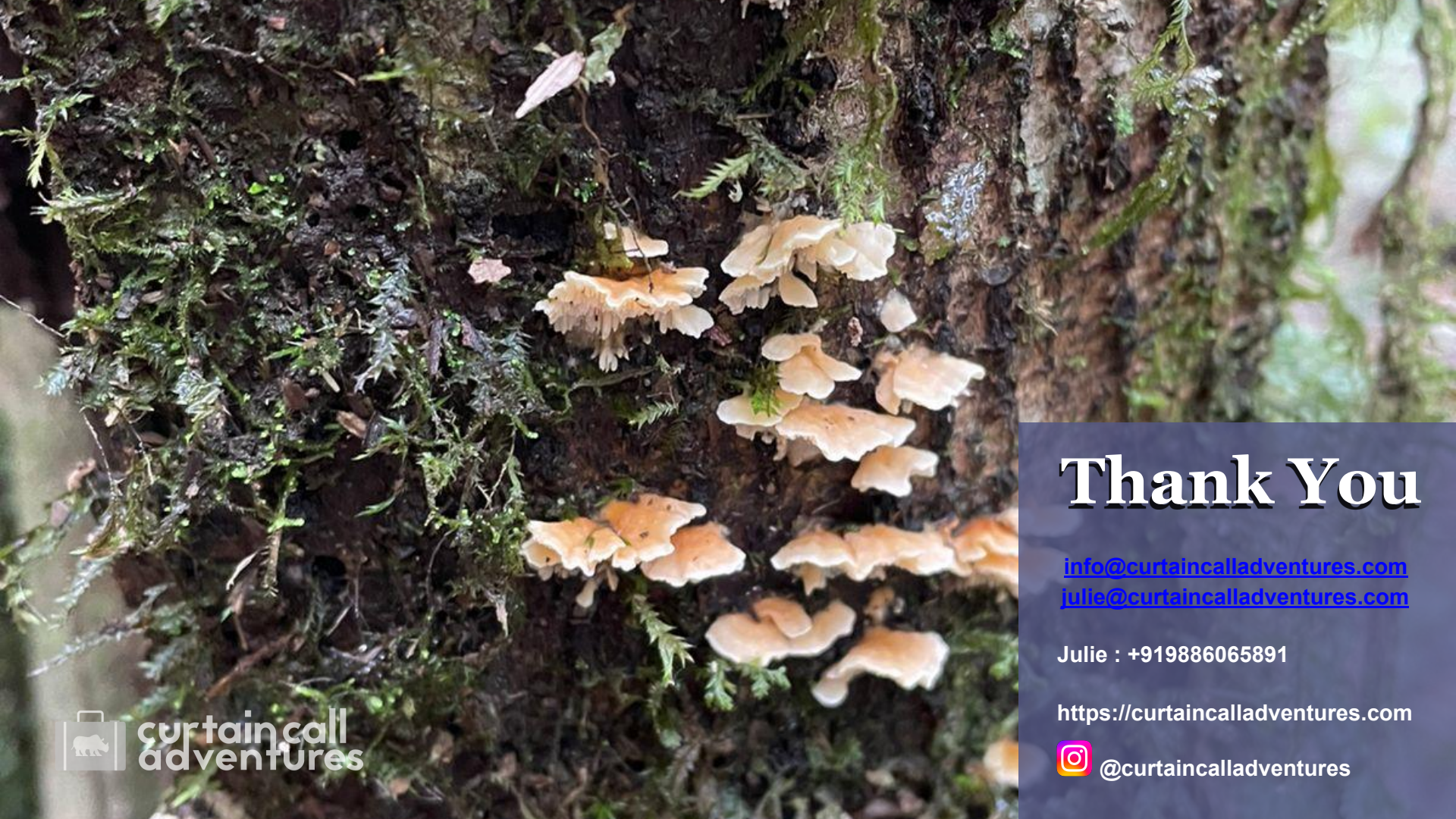
Weather to Expect

Meghalaya in May experiences the transition to the pre-monsoon season, characterized by increasing temperatures and humidity. The weather becomes warmer, with daytime temperatures ranging from 20 to 25 degrees Celsius. While days may be relatively dry, occasional pre-monsoon showers are not uncommon. Travelers can anticipate comfortable weather for outdoor activities, but it's advisable to carry light rain gear, and if it does rain expect the temperatures to drop as low as 15C



What to Pack

- Please carry all the medicines that you might require
- Please carry at least two pairs of trekking shoes. If you are participating in a trek or any other village activity, there is a likelihood of getting your shoes wet. All electronic, mobile charges, insect repellent, sunscreen, a light backpack stole, cap.
- Internet access in the north east is quite limited – however connectivity through mobile phones is reasonably good. Carry a hotspot and a power pack
- A backpack and outdoor clothing. A lightweight pullover or jacket for the day and a thick jacket for the evenings.



Thank You

info@curtaincalladventures.com

julie@curtaincalladventures.com

Julie : +919886065891

<https://curtaincalladventures.com>

 @curtaincalladventures