

Theyyam Tour

9-12 March, 2023



Trip Overview

Theyyams are the ritualistic folklore of Kerala, widely performed in the districts of Kannur, Kasargod, and Calicut, collectively known as Malabar. It is a combination of rituals and exuberant dance with splendid costumes. The Theyyams of Malabar begins in mid-October and last until mid-April, and is an artform that dates back to 500BCE.

Performed mostly nocturnally, Theyyams are considered to be the demigods of the region. Along with our local partner, Moksha Stories, we will take you through a journey shedding insight into the various aspects of this performance that make this folklore an experience of a lifetime.



Trip Overview

Kannur is also known for its traditional cuisines, and is often described as the food capital of Kerala. We have made sure that this tour includes plenty of opportunities to sample local delicacies. Due to its location on the Malabar coast, fresh fish and seafood is plentiful. The Mappila community are known for their delicious biryanis, while the Bhramin cuisine of Kerala has distinctive vegetarian flavours.



Theyyam Tour

ITINERARY HIGHLIGHTS

Day 1: 9 March

- Pick up from Kannur Airport early evening
- Transfer to Muzhupillangad beach for sunset and chai.
- Dinner

Day 2: 10 March

- Breakfast at the hotel.
- Leave to visit the bell metal making community.
- Traditional Lunch.
- Afternoon visit a weaving community in region. specialising in weaving Khadi.
- Optional evening 1-hour Ayurvedic Massage
- Dinner at the property.



Day 3: 11 March

- Breakfast at the hotel.
- After breakfast, drive to a Sacred Grove where the Theyyam ritual happens.
- At the Grove, we shall introduce you to the various rituals involved in the Theyyam process. Meet the costume designers, see the intricate make-up application, a session on the stories and myths behind the Theyyam performances .
- Lunch and transfer to hotel.
- Evening transfer to the same Sacred Grove to witness the evening. The Theyyam performance after sunset are something incredibly atmospheric. Great for photography.
- After dinner, return to the hotel.



Day 4: 12 March

- Post breakfast check out of the hotel and visit a Beedi making community
- Transfer to Kannur Airport for onward travel.

C O S T

- Rs29500 per head based on minimum 8 guests.
- Rs12000 single room supplement
- Supplement cost for Ayurvedic massage Rs2500 per person

Cost Includes

- All accommodation with breakfast
- Transport
- All activities as per itinerary
- 2 lunch and 1 dinner
- 1 souvenir water bottle
- Local guide

C O N T A C T U S

For further enquiries or to book

- Email julie@curtaincalladventures.com
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